

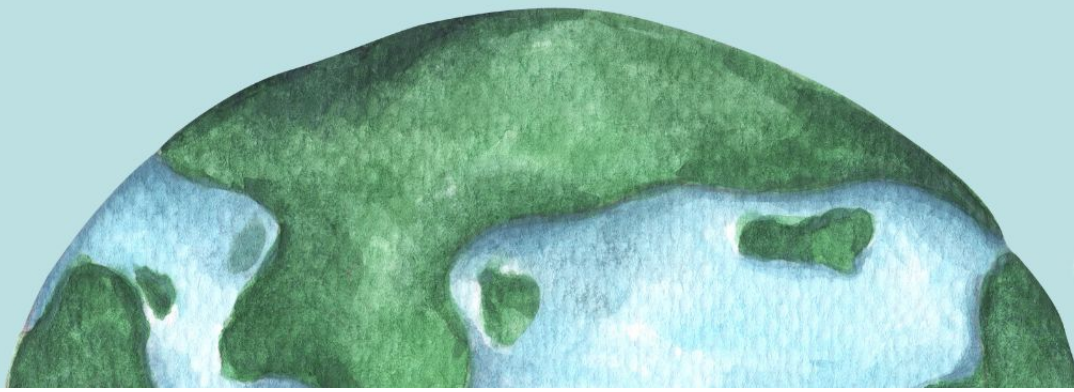
# one earth

## FILM FESTIVAL

#ReelStoriesRealChange



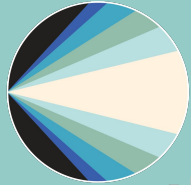
# Take Action Toolkit: Children/Families



April 17-23, 2024

# Ready to make #realchange?

## #ReelStories RealChange



one earth  
FILM FESTIVAL



Take Action  
Toolkit:  
Families/  
Children

- *Tell others* what you learned at One Earth Film Fest!
- Watch winning One Earth Film Fest [Young Filmmakers Contest films](#). Talk about them with your family afterwards.
- Remember that everything you do can affect nature!
- Spend more time in and with nature
  - Look for animal tracks in the muddy ground in spring. What will you find?
  - Enjoy plant foods. How about an apple for a snack?
  - Take a walk or play a game outside
  - Plant a tree, a bush, or some flowers!
  - Clean up a park or forest preserve
- Think and talk about how everyone can and should have parks, healthy food, clean air, and clean water
- Join a “green” group that’s for kids at your school or in your neighborhood
- Invite your family to the library & read about animals.
- Celebrate Earth Day and Earth Hour at home, at school, with friends
- Speak up! Tell people the Earth is important to you, and share ideas of how to care for it
- Don't waste water. Just use it for things that you really need. Like watering plants, brushing teeth and cooking.
- Balance the use of electricity and only use what you need.
- Join [plasticfreejuly.org](#) with your family!
- Have your family check out [A Family Guide to Going Green](#)
- Ask your grownup to help you learn where your garbage goes & if it’s polluting the environment. EPA’s Environmental Justice Screening & Mapping Tool: [epa.gov/ejscreen](#)
- Ask your grownup to help you write a letter to your congressperson & VOTE for candidates with strong environmental ideas and plans
- Ask your grownup to learn about and join environmental “lobby” days; in Illinois: [ilenviro.org/environmental-lobby-day-2024](#)
- In Chicago, your family can join [Chicago Green Families](#)
- Online green family resources: [Children & Nature Network](#), [National Geographic Kids: Green Tips](#),